UDL and Social Emotional Learning: Big Picture Points

Lisa Bosio	Hi everyone. My name is Lisa Bosio. I work with and am a consultant with Novak Educational Consulting and I'm so excited to be here with you today to discuss how the UDL framework encompasses social and emotional learning so that all of our students can become those expert learners.
	So, let's talk about, why Universal Design for Learning? and how social and emotional learning is so vital to help students actually connect to their learning. Because what we know about learning is that all learning is social and emotional.
	So, enveloping social and emotional learning with the Universal Design for Learning is gonna help students connect to their learning, stay regulated so that they can actually focus on their learning and then be able to transfer that learning, not just on an assignment per se, but into wherever they're going to go, into their communities, into their home, and into their family.
	All right, so let's go ahead and talk about the what and how to incorporate the UDL framework and social emotional learning. Because honestly, since we want to create expert learners who are resourceful, knowledgeable, and strategic, we also have to help them understand how to self-regulate. So when we think about the brain and how the brain actually learns, we know that some barriers get in the way of learning, right? Trauma, disappointments, feelings, and emotions because we know that all learning is social and emotional. We can't leave feelings at the door. So, we honestly need to be thinking about how can we engage our learners? How can we reach the whole child academically, social, and emotionally and behaviorally so that they can become those expert learners? They can personalize their own learning, they can make choices that optimize their learning and that they can then go and share their learning with their peers. So much of learning is tied to a child's emotions and when we weave in both Universal Design for Learning and social and emotional learning, we're supporting the whole child. And isn't that what we're called to do?